Build your Bones with Caleium Show

Brought to you by Meadow Gold Dairies of Hawai'i and Mad Science of Hawai'i



eadow Gold Dairies Hawaii and Mad Science of Hawaii invite you and your students to join Chief Mad Scientist "Kosmic" Kelly Ferreira and Lani Moo to experience the newly reformatted **Build Your Bones with Calcium Show**, a highly interactive and FREE one-hour show that teaches third- through fifth-graders about

calcium, bone health and nutrition.

Listen up, educators!

Here's a FREE

educational, highly
interactive program
for your 3rd to 5th
grade students!

The Build Your Bones with Calcium Show uses visually appealing scientific elements to teach students about calcium and its impact on bones, teeth and osteoporosis. It also covers calcium's effect on other functions, such as muscle development, blood clotting and the nervous system, and how to find calcium in nutritious foods. The show also teaches students about the importance of breakfast and explores the harmful effects of soda. Students are also tested on what they've learned from the show during "Calcium Jeopardy." The show has toured statewide since 2003 and was revamped in February 2006.

The Build Your Bones with Calcium Show can be interrelated with lessons focusing on nutrition, healthy lifestyles, chemistry and physical education. Students learn vocabulary including calcium, fortified, enamel, electrons, conductive, density, Daily Nutritional Requirement, calories, minerals, diabetes, nutrient and nervous system.

The high energy Build Your Bones with Calcium Show is FREE for all third to fifth grade classes in Hawaii. The dynamic one-hour show will accommodate up to 100 students and can be performed in a classroom or assembly hall. Only eight shows are performed per month, so sign up today!



To sign up for the **Build Your Bones** with Calcium Show or for more info, please call:

Oʻahu Joni Marcello 944-5988 Kauaʻi Ralph Suniga 245-8551 Maui Reed Ogino 429-1500 Big Island David Yee 935-5481 For more information about Mad Science of Hawai'i, please call "Kosmic" Kelly Ferreira at 680-0011 or visit www.madscience.org/hawaii. For more information from Meadow Gold, click on www.lanimoo.com.